



Lapland multi-day tours

THE LODGE: The Lodge provides a taste of luxury in the wild and has almost everything you would expect from modern accommodation. The kitchen has everything from pots and pans to cutlery, washing liquid and tea-towels. In the kitchen there is a kettle and percolator coffee maker with tea/coffee/hot chocolate, milk and cookies provided. In the bathrooms, there is soap for washing hands but please bring shower toiletries like shower gel and shampoo. A hairdryer is provided. We provide all bed linens, blankets and towels. Our Lodge is a wilderness retreat and we do not provide internet access or television. However, the area has 4G mobile reception so you can connect your devices to your own mobile network from home if you wish.

SAUNA: We provide towels for the sauna. These can be used inside the sauna, or if you are sharing the sauna in a mixed group, we suggest bringing a swimming costume.

ARCTIC OUTER WEAR: For all of our guests, we provide a full set of arctic outerwear, including an insulated jacket, trousers, boots (rated from minus 40 to minus 70 degrees Celsius) and big mitts to wear over your own thin gloves. Most guests prefer to bring their own woolly hat and neck warmer but we can also provide these.

Arctic temperatures can range from a very pleasant -6 degrees C to a bone-chilling -40 degrees C but you can expect average daytime temperatures to be around -25 degrees C (December/January), -15 degrees C (February) or -10 degrees C (March). The weather can be changeable, so it is best to be prepared for the extreme cold dressing in layers that are easily taken on and off depending on the weather. Please check the weather forecast for Kiruna before your departure and pack accordingly – we recommend www.yr.no for the weather forecast.

Kit List

DOG SLEDDING ACTIVITY: If you are enjoying our 'sit down' dog sledding activity (such as Forest Escape, Aurora Hunt, or a dog sledding day tour) you only need to bring your own gloves, hat and a camera!

If you are taking a longer multi-day dog sledding tour with us, we suggest the following as a guide on what to bring:

Wool is your best friend in the Arctic. Cotton will cool you further if it gets wet so please avoid it (other than if you want a change of clothing at night).

For multi-day tours you must bring (required) –

- A medium sized holdall or rucksack to carry your personal belongings. Your bag will be placed in the sled bag, which is fairly narrow, so your bag will need to be soft and 'squashable'. Your bag should be water-proofed. A regular black plastic (rubbish) bag inside will ensure your belongings stay dry even if snow gets in the sled bag.
- Long (preferably woollen) thermal underwear, both top and bottoms, to wear under the Arctic suit provided. Fleece tracksuit bottoms and warm, long sleeved top are good alternatives.
- Thick socks for wearing whilst sledding – again, wool or a wool mix is best – plus a spare pair.
- One pair of warm gloves. We will provide over-mitts.
- Head lamp/torch and spare batteries (essential in Dec/Jan).
- In Feb/Mar/Apr, sunglasses with good UV protection (preferably the wrap-around style) are required. In Dec/Jan, these are not required. Instead, it is optional to bring clear lens goggles.



Kit list continued...

Recommended -

- Personal toiletries and medication.
- Wet wipes and anti-bacterial hand wash for personal hygiene.
- A towel and bathing costume for use in the cabin sauna.
- Camera and spare batteries. Remember there is no power to charge batteries and the cold will deplete the charge quicker than normal.
- Disposable hand warmers/feet warmers.
- A warm fleece and/or sweater to go under the jacket we provide.
- Buff or neck warmer.
- If your tour has an overnight stay in a wilderness cabin then a sleeping bag liner is optional but recommended. Sleeping bags are usually provided at the overnight cabins but you are welcome to bring your own.

Optional -

- A plastic water bottle for the evenings (optional). Regular mineral water bottles are fine.

You will not have access to power at the cabins and mobile phone signal is patchy. It is safer to assume you will not have access to power or mobile phones once on the sled.

SNOWMOBILE AND OTHER ACTIVITIES: All specialist equipment is provided, such as snowmobile helmets and warm outerwear.

If you would like to drive your own snowmobile, you will need to bring your Drivers Licence with you. Please note, you will be asked to sign a Waiver form agreeing to pay a maximum of 8000sek insurance excess in the event of an accident.

QUESTIONS? Email us info@laplandsleddogadventures.com